
REMEMBER - YOU CAN'T DO A GOAL

MY FIVE-YEAR GOALS - BE - DO - OWN - GO.

MY TWO -THREE YEAR GOALS

MY TWELVE MONTH GOALS

MY THREE MONTH GOALS

SHORT TERM GOALS

SMART Goal			
Objectives (What)	Strategy (How)	Time Frame	Measurement

SMART Goal			
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SMART Goal			
Objectives (What)	Strategy (How)	Time Frame	Measurement

SHORT TERM GOALS

SMART Goal			
Objectives (What)	Strategy (How)	Time Frame	Measurement

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SHORT TERM GOALS

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SMART Goal			
Objectives (What)	Strategy (How)	Time Frame	Measurement

MID TERM GOALS

SMART Goal			
Objectives (What)	Strategy (How)	Time Frame	Measurement

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LONG TERM GOALS

SMART Goal			
Objectives (What)	Strategy (How)	Time Frame	Measurement

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LONG TERM GOALS

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LONG TERM GOALS

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ULTIMATE SCORE CARD

- YOU EITHER DO OR YOU DON'T
- YOU ARE EITHER WINNING OR LOOSING
- YOU ARE EITHER MOVING CLOSER OR FURTHER FROM WHAT YOU WANT
- YOU ARE EITHER GOING FOR MORE OR ACCEPTING LESS
- YOU ARE EITHER LIVING OR JUST SURVIVING

Ask Yourself:

“Is what I’m doing right now working for me or against me? What’s positive, powerful and moves me in the direction of what I want?”

Tell Yourself

“Do it now!”