

FISH IDEAS

- ☺ Throw chocolates if someone does good job
- ☺ Round of applause if someone does a good job or handles a tough call
- ☺ Encourage a smile break
- ☺ Nominate 'Joke Teller' for the week???
- ☺ Play committee
- ☺ Songs – burst into song
- ☺ Damn it doll
- ☺ Trivia Games
- ☺ Start meeting with a good news story
- ☺ Have fun with funny walks
- ☺ Footy competitions
- ☺ Toy basket ball hoop on rubbish bin
- ☺ Casual Friday's
- ☺ Stubby club
- ☺ Themes (i.e. Seventies, Irish, Vice versa, etc)
- ☺ Throw the dummy (pretend)
- ☺ Elmo story (steal a furry friend)
- ☺ Afternoon Exercises (funny ones)
- ☺ Swiss Exercise Ball Games
- ☺ Out of Office Payday Lunch
- ☺ Competition Pool / Table Tennis
- ☺ Acknowledgement – positive and cheerful
- ☺ Theme / Dress Day
- ☺ Payday – Sausage Sizzle (at cost)
- ☺ Wastepaper netball game
- ☺ Computer games to de-stress
- ☺ Celebrate co-workers birthdays or achievements
- ☺ Chocolate fix reward of the week
- ☺ Funny hats
- ☺ Music
- ☺ Loud shirt Friday
- ☺ Personalise your workplace
- ☺ Celebrations (birthdays)
- ☺ Team lunches / morning teas
- ☺ What's p.....ed me off this week book
- ☺ Toy corner puzzles
- ☺ Box of charades
- ☺ Email
- ☺ Go for walk
- ☺ Bring sense of humour to work
- ☺ Theme Days
- ☺ Greet one another
- ☺ Communal tea breaks
- ☺ Reminders – motivational posters / bright colours
- ☺ Look out for one another
- ☺ Soft music
- ☺ Personalising your workspace
- ☺ Aromatherapy
- ☺ Stress relievers
- ☺ Comfort food
- ☺ Smile more
- ☺ Lead by example so it rubs off on others
- ☺ Positive affirmations (poster signs)
- ☺ Happy pictures
- ☺ Comic strips
- ☺ Positive emails to team members
- ☺ Mirror on your desk to check your attitude
- ☺ Menu in office for choosing happy or sad faces (as a reminder we have a choice)